

Welcome to our services and thank you for visiting. If you have any questions about our beliefs or practices, please don't hesitate to ask.

God has not only commanded us to worship Him, but has also told us how, in His word. The elements of our services, as prescribed by God's word, are as follows:

- SINGING: Ephesians 5:18,19; Colossians 3:16
- PREACHING/TEACHING: Acts2:42; Eph. 4:11,12
- **PRAYING:** Acts 2:42; Acts 12:5
- LORD'S SUPPER: 1 Corinthians 11:23-26; Acts 20:7
- GIVING: 1 Corinthians 16:1,2; 2 Corinthians 9:6,7

# COME WORSHIP WITH US!

**SUNDAY MORNING BIBLE STUDY...9:00** SUNDAY MORNING WORSHIP......10:00 SUNDAY EVENING WORSHIP......6:00 WEDNESDAY EVENING SERVICES....7:00

EVERYONE WELCOME!

#### > www.defendthegospel.com

- > Weekly Article: Rutherford Reader
- ≥ 3<sup>rd</sup> Sunday Singing Practice: 5 pm
- ➤ 4<sup>th</sup> Sunday Singing Night: 6 pm
- Radio program on wgns. 15 minute sermon every Sunday morning from 10:45 - 11:00.
- ➤ Children's Class: Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday at 5:30 pm
- 5<sup>th</sup> Sunday Prayer Service, 6 pm
- Men's Business Meeting. 1<sup>s</sup> Sunday evenings following services.



Southside church of Christ, 1167 South Lowry Smyrna, TN 37167, Phone (615) 459-7854 "They...searched the scriptures daily..." -Acts 17:11

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# STRESS RELIEF Michael Pickford

Years ago I read that an Emu's sins. natural enemy is stress. I wonder if this isn't true with many of us humans as well. From Psychiatrists to pills to massages, we all seek the cure for stress. God gives us the true answer. True stress relief comes from...

PARDON. Jesus said, "Come to Me, all you who labor and are heavy laden... and you will find rest for your souls" (Matthew 11:28a, 30b). "The way of transgressors is hard" (Proverbs 13:15); It's hard on the conscience of one who lives a life of sin. Savings such as, "A Guilty conscience makes a hard pillow" are popular for a reason! It's a great burden to carry around the guilt of our sins. Obeying the Lord's Gospel relieves one of the stresses associated with the guilt of sin. "Rest for your souls!" After being baptized to have his sins washed away (Acts 22:16), the Eunuch "Went on his way rejoicing" (Acts 8:39). What joy he experienced, what relief he received when his sins were pardoned! Remember when you were baptized? Remember that inexpressible joy you had in your heart when you came up out of that water? If one wants stress relief, he needs to begin by obeying the Gospel and receiving pardon from his

PRIORITIES. So many Christians get "Stressed out" because of their excessive worry and anxiety over things they simply can't change. Even with the things we can change we need to "Do our best and leave the rest." That is, leave it in the hands of God. Jesus taught us not to be anxious over tomorrow, just deal with what you have on your plate today (Matthew 6:25-34). But the real key was given in Matthew 6:33, "Seek first the kingdom of God and His righteousness, and all these things shall be added to you." Jesus would say, "Prioritize!" Put spiritual matters above physical concerns. In the long run, it matters not what happens to you physically, as long as you have your spiritual life in order. Even if you starve to death, if you've put God first, you'll have eternal life.

**PRAYER**. "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God." The result will be a peace within like no other (See Philippians 4:6-7). Don't worry yourself into an ulcer about it, take it to the Lord in prayer, and then trust Him! Cast it upon the Lord, for He cares for you.  $\nearrow$ 

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www.defendthegospel.com



# Fle'Flee Fornication"

1 Corinthians 6:18

#### **SERMON NOTES**

Search the scriptures daily to see if these things are so.

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DAILY
Acts
17:11

Introduction:

# **DUTY LIST...**

#### **SUNDAY MORNING**

- > Announcements....Michael Pickford
- ➤ Bible Reading by......Frank Anderson Reading:
- ➤ Song Leader.....Michael Pickford
- ➤ Opening Prayer......Ben Green
- ➤ Lord's Table:

Lead........Kenny Johnson Serve......John Nelson Serve.....Robert Johnson

Closing Prayer......Kenny Todd

## **SUNDAY EVENING**

- ➤ Song Leader.....Tony Jenkins
- ➤ Lord's Table.....Kenny Johnson

## **WEDNESDAY EVENING**

> Song Leader.....Kenny Todd

Home Bible Studies Available Upon Requestl

# **GOD'S PLAN OF SALVATION**

There is only one true saving plan of Salvation outlined in Scripture. No substitutes will do. Have you really been saved? Get out your Bible and study the plan below.

- ➤ <u>Hear The Gospel</u>: Romans 10:17
- ➤ <u>Believe</u>: Mark 16:16; John 8:24
- Repent of Sin: Acts 2:38; Acts 17:30
- Confess Faith: Romans 10:9,10
- <u>Be Baptized</u>: Mark 16:16; Acts 2:38; Acts 22:16; 1 Peter 3:21
- > Remain Faithful: Rev. 2:10

Obey Today!